

Welcome to Foothill Horizons! As the classroom teacher you have a very important role in the Outdoor School program. Your enthusiasm and involvement in the program directly correlate to your students' successful experience. The program has been designed with a great deal of flexibility to encourage the tailoring of your week's experience to your classroom studies. Your naturalist will be more than willing to adjust the lessons to your individual needs. Your direct involvement as instructor will also be welcomed to any degree you wish.

The program at Foothill Horizons is correlated to the California State Science Standards and is designed to give the students first-hand experiences in discovering the outdoor world. It is also intended to excite and motivate students for further investigations after leaving the outdoor school. We believe that through observation and discovery, the students will learn to question and reason for themselves.

We want you to feel comfortable here. Here are some words from travelers down the same path:

"This was my first time to Foothill Horizons as a teacher and all of the staff made themselves completely available to me. At first I was a little hesitant to ask for help or assistance. People were friendly and patient with me. I felt comfortable talking to anyone on staff." Erin Bartholomew, Enslin School

"Everyone here is so supportive and helpful. Your staff truly "practices what they preach." Marlene Cordova, Lakeshore School

"I love how everyone here goes the extra mile to be accommodating for us. I leave here feeling refreshed and happy. The best part of my year as a teacher is my week here!" Dana Haynes, Wilson School

Each morning your naturalist will give you a helpful mini-schedule like this:

9 - 11:30 Class *meet at* _____
11:30 - 11:40 Bathroom break
11:45 - 12:25 Lunch at _____ (Teachers off)
12:30 - 12:45 Freeplay - *Counselors Supervise* (Teachers off)
12:45 - 1:15 Teachers - *p/u kids at Freeplay; Teacher Time at* _____
1:15 - 1:25 Bathroom break
1:30 - 3:45 Class *meet at* _____
3:45 - 4:00 Bathroom break
4:00 - 4:45 Freeplay – *Teachers supervise*
4:45 - 5:30 Showers
5:35 - 6:30 Flag Ceremony - Dinner
6:30 - 6:55 Dorm Time
7 - 9 Evening program: _____
9 - 10 Supervise students in dorm

TEACHERS' RETREAT

This is your living area for the week. Feel free to store your supplies in the cupboards and refrigerator.

You can get **coffee** and filters from the Dining Hall. Please only put water into the coffee maker. And be sure not to leave empty pots on the burner.

Please put all glass and aluminum cans in the **recycling** bucket located in your common room.

The **ramp** and **stairs** can get dangerously **icy** during the winter. There is a can of heat pellets in the cupboard near the front door. Please use them on frosty mornings (instructions are on the container).

Firewood is located at the campfire circle. Make sure you open the damper before making a fire (lever on top left). Keep the hall door open when you make a fire. The thermostat is located in the common room; closing the door will keep the common room warm and the other rooms chilly.

It is permissible to use the Retreat as a place for your class meeting after campfire your first night if all teachers housed in the Retreat find this acceptable.

The **Evening Naturalist**, the outdoor school staff member in charge of the site at night, will visit with you in the Retreat after dormitory supervision ends. He/she will discuss follow-up activities with you, and will help you resolve any difficulties that have arisen. You will meet the Evening Naturalist during the afternoon counselor meeting on your first day.

HOW YOU CAN BE REACHED

Teachers' Retreat (209) 588-0532

Foothill Horizons Outdoor School (209) 532-6673

FAX: (209) 533-1390 (Business office); (209) 532-0019 (Health Office)

Address Foothill Horizons Outdoor School
21925 Lyons Bald Mtn. Road
Sonora, CA 95370

Web page www.foothillhorizons.com

CELL PHONE USE

Cell phone use at the outdoor school presents the potential for discipline situations and distraction during classes. Therefore, neither counselors nor students may have cell phones at the outdoor school. We ask that teachers not use their phones in front of students, and that teachers not let students use teachers' cell phones.