

PREGNANCY HISTORY:

Grav		Term		Pret		Abort	Live	L M P	mo/day/yr	E D C	mo/day/yr
No.	Month/ Year	Sex	Weight At Birth	Weeks Gest.	Hrs. in Labor	Type of Delivery	Details of delivery. Include anesthesia and maternal or newborn complications. Use Risk Guide numbers where applicable.				
1											
2											
3											
4											
5											
6											
7											
8											

PRE-EXISTING RISK GUIDE:

Indicates pregnancy/outcome at risk

- | | | |
|---------------------------------------|--|---|
| 1. Age <15 or > 35 | 12. Previous preterm or SGA infants | 23. Diabetes mellitus |
| 2. < 8 th grade education | 13. Infants ≥ 4,000 gms. | 24. Hypertension |
| 3. Cardiac disease (class I or II) | 14. Isoimmunization (ABO, Rh, Etc.) | 25. Cardiac disease (class III or IV) |
| 4. Tuberculosis, active | 15. Hemorrhage during previous pregnancy | 26. Chronic renal disease |
| 5. Chronic Pulmonary disease | 16. Previous preeclampsia | 27. Congenital/Chromosomal anomalies |
| 6. Thrombophlebitis | 17. Surgically scarred uterus | 28. Hemoglobinopathies |
| 7. Endocrinopathy | 18. Pregnancy without familial support | 29. Alcohol or drug abuse |
| 8. Epilepsy (on medication) | 19. Second pregnancy in 12 months | 30. Habitual abortions |
| 9. Infertility (treated) | 20. Smoking (≥ 1 pack per day) | 31. Incompetent cervix |
| 10. 2 abortions (spontaneous/induced) | 21. Pesticide exposure | 32. Prior fetal or neonatal death |
| 11. ≥ 7 deliveries | 22. Age ≥ 40 | 33. Prior neurologically damaged infant |
| | | 34. Significant social problems |

NUTRITION - (May use 24-hour diet diary)

Breakfast _____

Lunch _____

Dinner _____

Snacks _____

_____ Date

_____ Signature of History Taker