

Area:	Family Partnerships
Subject:	FP06 - Parental Involvement in Health, Nutrition and Mental Health Education
Reference:	1304.40 (f)(1-4)(iii)
Policy:	SCOE –C/FS will ensure that program staff assists and educates parents in understanding medical, dental, nutrition and mental health principles.

Procedure:

1. At the time of registration, health staff will provide parents with a Health Services Information Sheet, which provides facts to clarify and assist parents and staff regarding health requirements for Head Start children.
2. During the first parent meeting the Family Service Worker and parents will develop a list of topics relating to medical, dental, nutrition and mental health issues. These topics are to support community needs and reflect monthly Health Education Calendar implemented annually by health staff.
3. Health staff will develop a Center Parent Meeting Calendar and Health Education calendar of workshops and classes, which will be offered to parents and staff on a monthly basis. The information derived from the Parent Survey information from the Family Portfolio, will determine the topics.
4. Health staff will provide ongoing information on related classes offered throughout the community, and post this information on the parent bulletin board.
5. During the monthly center parent meetings, health staff will give an update and information on general topics (e.g. SIDS, safety practices, first-aid, preventive medicine, dental and health principles, and nutrition education).
6. The teachers, health staff and Family Service Workers will offer individual opportunities for parents to discuss mental health issues related to their child and family. Parent concerns will be addressed at the monthly case conference & case management meetings. If parent expresses a concern, the parent will complete the Parent Consent for Observation Section on the Parent Consent/Social Emotional Health Observation Form, in order for the child to be observed by a clinical consultant.
7. All staff will document discussions with parents, training and information shared on the Family Contact Log. Large group training documentation will be maintained in Parent Meetings Binder.

Supervised by:	Director II, Child Development Supervisor
Performed by:	Family Health Services Assistant
Forms needed:	Health Services Information Sheet, Parent Survey, Family Portfolio, Center Parent Meeting Calendar, Health Education Calendar, Center Parent Meetings/Minutes, Family Contact Log, Case Conference Documentation
Frequency:	Ongoing throughout program year