

Area: Health Services

Subject: HS32 – Special Needs and Nutrition Services

Reference: 1304.23 (d)

Policy: SCOE Head Start parent education activities will include opportunities to assist parents in increasing their skills in food preparation and nutritional meal planning.

Procedure:

1. The disabilities coordinator works with staff to ensure that provisions to meet special needs are incorporated into the nutrition program.
2. Appropriate professionals, such as physical therapists, speech therapists, occupational therapists, nutritionists or dietitians, are consulted on ways to assist Head Start staff and parents of children with severe disabilities with problems of chewing, swallowing and feeding themselves.
3. The plan for services for children with disabilities includes activities to help children with disabilities participate in meal and snack times with classmates.
4. The plan for services for children with disabilities addresses prevention of disabilities with a nutrition basis.

Supervised by: Registered Dietician, Health Services Manager, Delegate Health and Disabilities Coordinators

Performed by: Grantee/Delegate Center Staff, Registered Nurses, Family Health Services Aides

Forms needed: News to You, Parent Meeting Agendas and Minutes, Family Contact Log, Publications/Handouts, Folder with dated copies of handouts provided to families or posted on parent boards, IHCP

Frequency: Throughout program year, monthly