

COVID-19

SCOE UPDATE for March 7, 2020

The California Department of Public Health issued new School Guidance meant to slow the spread of COVID-19 across the state, reduce the number of people infected, and protect those who are most vulnerable to severe illness. SCOE and school districts are following these guidelines.

Current Understanding of Virus

- Symptoms most commonly include, fever with cough or shortness of breath; some people have fewer or no symptoms at all. Headache, sore throat, and runny nose also occur with this virus.
- Spread is most likely from droplets (cough and sneezing)
- The Centers for Disease Control and Prevention (CDC) considers this a serious public health threat, but with health risk from this virus to be low at this time.
- Symptoms of COVID-19 may appear in as few as 2 days, or as long as 14 days, after exposure.
- Most people with this infection will recover on their own. There is no specific treatment for novel coronavirus infection yet.
- For patients who are more severely ill, hospitals can provide supportive care.