

Harold Pope Junior Relays Track & Field event for Stanislaus County Schools

Coaches Verification of Meet Rules and Regulations

REGISTRATION GUIDELINES – VOLUNTEERS:

- 1) Each school is responsible for **providing trained volunteers** (see volunteer assignments list) to supervise a field event or assist with the track portion of the event. Any event lacking volunteers will be cancelled.
- 2) **All volunteers must check in at registration** on the field at 7:30 AM for shift 1 and 10:15 AM for shift 2.

REGISTRATION GUIDELINES – TEAMS: Coach registers team between 7:15 and 7:45 AM, meet begins at 8:00 AM (first call). Early bird registration the day before is highly encouraged.

- 1) Student participants may participate in **ANY four events** (in their classification). Bibs have been printed for all students who were pre-registered by their coaches and will be given to coaches at registration. Students not pre-registered are not allowed to participate.
- 2) **A Permission to Participate form must be submitted at registration for all participating students or the bibs will not be available.** Students **CANNOT be added** to the list of participants (**no “walk-ons” allowed.**) Bring the signed *Permission to Participate* forms for each student to the registration tent on the field on event day. **In order to quickly register coaches, organize permission slips in the following order: girls in alpha order and then boys in alpha order.** Early bird registration is highly recommended.
- 3) Any bib that has been altered in any way will **disqualify** the participant from that particular event, unless the bib change was made, and initialed, by the meet coordinator.
- 4) Each participant must pin the bib to the front of his/her shirt (safety pins are included in your packet).

Note: Please bring a first aid kit and water for your team’s use as needed.

RULES AND REGULATIONS:

- A. **Extent of Participation**, Competitors may participate in any **four events only**.
- B. **Number of Entries**, Schools will be permitted **three entries in each classification for each track and field event; one team entry in each classification for each relay event.** (Note: any entry beyond three in an event will be disqualified regardless of how the participant placed. The mile run limit on the number of runners from a participating school is ten [10] in each category.)
- C. **Relay teams must** be composed of four members from **one** school only, and must be from the same classification.
- D. **Group Classification** Each boy and girl must be in either the 7th or 8th grade category for participation. Sixth graders may participate as 7th graders provided they attend a middle school. A 7th grader may participate in the 8th grade category for entire event.

I have read the above rules of the Harold Pope Junior Relays track and field meet and will review them with my team. All of my team members and I will abide by all rules of the meet.

School: _____ Date: _____

Print Coach Name: _____ Signature: _____