

## Child Care Resource & Referral Health & Safety Training Resource List

California law requires that at least one director or one teacher at each child care center and each family child home licensees have at least 16 hours of specific health and safety training.

This law also requires that child care center directors and licensees of family child care homes ensure that at least one staff member who has a current course completion card in pediatric first aid and pediatric CPR issued by an **EMSA approved trainer**, be onsite at all times when children are present at the facility, and shall be present with the children when children are offsite from the facility for facility activities.

Current verification of completed Pediatric CPR, First Aid and preventive health and safety courses must be maintained at the facility at all times. Cards of completion must be either the originals or photocopies with the original signature of the director or licensee. There are no renewal requirements for hours completed in preventative health practices, but pediatric CPR and pediatric first aid cards must be renewed prior to the expiration date.

We suggest that you ask trainers about their letter of approval from EMSA, before enrolling in a course.  
**Online/Home Study Courses are not acceptable and do not meet the mandated requirement.**

**A Reliable Training** (209) 599-5999

Call for pricing

**\*American Red Cross** (209) 523-6451

[www.redcross.org](http://www.redcross.org)

Pediatric CPR and First Aid: \$90.00  
CPR only: \$55.00

**Code Blue CPR Training** (209) 242-4847

[www.codebluecprtraining.com](http://www.codebluecprtraining.com)

Pediatric CPR and First Aid: \$65.00  
Pediatric First Aid: \$35.00  
Pediatric CPR: \$40.00

Groups discounts available for groups of 8 or more

**CPR for You** (209) 667- 9985

[www.cpr-4u.com](http://www.cpr-4u.com)

First Aid only: \$30.00  
CPR only: \$30.00

**\*CPR Plus** (209) 345-4737

[frpcprplus@hotmail.com](mailto:frpcprplus@hotmail.com)

Pediatric CPR and First Aid: \$65.00  
Pediatric CPR: \$55.00

**Hopewell Healthcare Services, LLC (916) 246-8055**

[www.hopewellcpr.com](http://www.hopewellcpr.com)

Pediatric CPR and First Aid: \$50.00  
Preventative Health: \$99.00  
Preventative Health & CPR/First Aid Combo: \$198.00

**Meyer CPR & First Aid** (209) 988-6166

[www.meyercprandfa.com](http://www.meyercprandfa.com)

Pediatric CPR and First Aid: \$51.00  
Pediatric First Aid \$35.00  
Pediatric CPR: \$40.00

**Emergency Medical Training Group (866) 278-6567**

[www.emtgpr@live.com](mailto:www.emtgpr@live.com)

Pediatric CPR and First Aid: \$55.00  
Pediatric First Aid: \$45.00  
Pediatric CPR: \$45.00

**\*First Lady Permanente** (209) 250-1200

[www.firstladypermanente.com](http://www.firstladypermanente.com)

Pediatric CPR and First Aid: \$70.00

**San Joaquin Safety Council (209) 472-7233 ex #6**

[www.californiasafety.org](http://www.californiasafety.org)

Preventative Health: \$60.00  
Pediatric CPR and First Aid: \$70.00  
Pediatric CPR: \$45.00

**The Medics Plus Inc. (209) 522-2299**

[www.THEMEDICSPPLUS.com](http://www.THEMEDICSPPLUS.com)

Pediatric CPR and First Aid: \$80.00

**\*\* Offering the required additional one hour Nutrition Training.**

**\*Cursos se ofrecen en Español en estos establecimientos**

**SEE BACK PAGE FOR MANDATED REQUIREMENTS**

**CORE CONTENT OF HEALTH AND SAFETY TRAINING**

The Training **Shall** Include:

- ❖ Pediatric cardio-pulmonary resuscitation (CPR) technique
- ❖ Pediatric First Aid
- ❖ Recognition, management, and prevention of infectious diseases including immunizations and prevention of childhood injuries.
- ❖ Staff health

The Training **May** Include:

- ❖ Sanitary food handling and child nutrition
- ❖ Emergency preparedness and evacuation
- ❖ Caring for children with special needs
- ❖ Identifying and reporting of signs and symptoms of child abuse

THE FOLLOWING IS RECOMMENDED CORE CURRICULUM TO MEET THE REQUIRED AND OPTIONAL TRAINING REQUIREMENTS.

Core Content that **SHALL** be included as part of the fifteen hours of Training:

**Pediatric First Aid** (must meet the American Red Cross Standards):

**Rescue Breathing**

- ❖ Helping the conscious and unconscious child

**Nebulizer Training**

- ❖ Administration of inhaled medications

**Injury Response**

- ❖ Burns
- ❖ Bleeding
- ❖ Bite-insect and human
- ❖ Convulsions
- ❖ Dental emergencies
- ❖ Drowning

**Pediatric Cardio-Pulmonary Resuscitation** (CPR) Technique (must meet American Heart Association standards, as stated in the Journal of the American Medical Association):

- ❖ Emergency action principles

- ❖ Assessment
- ❖ Use of 911 emergency response system